



Rethinking Lent

An Experience in Listening to God

March 9 – April 13 | 6:15-8:00 pm

At First we resume our Wednesday gatherings with a meal together. Our Lenten period will be an intentional time of exploring the spiritual practices of the ancient church. From Lectio Divina to the Labyrinth to Guided Imagery, we will be both learning and doing. Our staff will teach about the particular spiritual practice and then we will also have time for participants to actually engage in it. Here's what we will cover:

- Ash Wednesday – Why Ashes?
- Art as Prayer
- Lectio Divina – Praying the Scriptures
- Guided Imagery – A form of spiritual reflection
- Loving Your Neighbor – Giving and Serving
- Labyrinth Prayer

Come for a time of spiritual preparation, fellowship, prayer and worship and experience the joy of community with others and with God.

We will eat from 6:15-6:45 when we will have a few minutes of prayer and worship. Adults and children eat together until 6:45 pm. The children will go to a separate program to explore the story of Holy Week and be led by our children's minister Annette Tarver. The program will start at 7:00 and end at 7:50, for you to pick up your children (if you have any) and get home at a decent hour!

